

Dave's Nerve Relief Formula

- **Nervous system support**
- **Nerve sensations**
- **Peripheral circulation health**

Nerve Relief Formula is a blend of nervine herbs designed to support healthy nervous system function.

In nature, when the nerves are not adequately fed, pain or discomfort are the symptoms. A healthy nerve does not generate pain or discomfort.

Weak nerves include symptoms of pain; burning, tingling and even numbness that may also affect the way a person perceives touch and feeling. Another nerve symptom may also be perceived as a shooting pain radiating along nerve pathways; these are most affected in the fingers, toes, hands or legs.

The causes may be injury, imbalance in blood sugar levels, statin drugs, and even B-Vitamin deficiencies.

Formula includes: California poppy, Corydalis, Passion Flower, Lobelia, Prickly Ash bark, and Trace minerals.

Testimonials:

This formula is outstanding on many levels. It gently, yet immediately, calmed the nervous system, allowing for a more focused approach toward life. It also superbly gave a restful night of sleep. It is a stellar formula! – *Lynda E*



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Herbal Formula

California poppy supports nervous system health and has been used as a sedative for nerve agitation.

Corydalis is an herb that has been used by many cultures for muscle health, sleep issues and symptoms of pain.

Lobelia increases circulation to support the periphery (hands and feet) muscles and respiratory health. It supports the nervous system and has been shown to be valuable to support shooting sensations.

Passion Flower is a nervine herb (nerve support) and has been used for when you can't turn off your mind. It supports stress symptom headaches and also muscular tension, restless agitation, muscles that twitch or spasm.

Prickly Ash bark is known to support the immune system and nervous system (for loss of sensitivity of the nerves, mouth tingles when tasted). It increases circulation. It is commonly used to enhance performance of all the other herbs in a formula.

Trace minerals support nutrition for the body to be able to repair.

Traditional herbal uses

- Anxiousness
- Circulation support
- **Immunes support**
- Muscle tension
- **Nerve support**
- **Nervous tension symptoms**
- **Nerve sensations**
- Numbness
- **Peripheral circulation**
- Tingling sensations